

Top Shelf Notes from last discussion March 6, 2012.

Topic: If Tops are perceived as action-takers and bottoms are perceived as receivers then what can be done (how can it be done) to provide pleasure for the Top? What can be requested (by the Top) without giving up their status/position? M/f or F/m

Tasks: Domestic service (housework)

Spa duties such as massage/manicures/pedicures

- sex <- there is a fair value exchange here as Tops receive pleasure from the results of what they give.
- Feedback, positive reinforcement, administering aftercare to the Top such as bathing, pre-preparation as in dressing, preparing food/drinks, putting together directions or instructions, and being prepared for play with their Dom. To be attired in a specific or special way (not just on certain occasions).
- Shoe polishing, compile music, interrogation with wonder woman scene (topic changed slightly to the justice league and wandered back to original topic).
- Striptease, pole-dancing, seductive dancing.
- Research: stories, erotic literature (or writing), making toys.
- Asking the submissive to try something they are nervous about i.e. sounds, needles, etc.
- Food preparation i.e. baking. Eric => chicken noodle soup
- Secretarial duties
- Showering, bathing, dressing, blowjobs, sensual massage, charging for services.
- Dressing up, costumes i.e. clown girls
- (Off Topic: blue-tooth and mental health/Fran Drescher and ball-gag commercials)
- Card games like strip poker, bdsm negotiations, orgasm denial/torture/forced orgasms.
- As a male, to express deeper submission could wear reins, corset, blindfold, or to undergo sensory deprivation.

Applying tasks while tied up, taking on timed tasks. (No specifics on what timed tasks could or would be).

Subject change:

- unhealthy images in bdsm “not kinky”
- kernel principle: how to suggest to another to modify a core component such as body, thought, attitude, etc.
- an obligation for health reasons with loved ones (concensus)
- D/s finding someone who is already perceived as attractive
- Giving concerned attention
- Balancing political correctness

Into new topic: Humour and its complex facets

Future topics: Suggestion: switching

New experiences

(Note: We learned that “shrimping” means toe-sucking) =D

