

# Negotiation Form

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<b>1. PEOPLE:</b>				
Who (only) will take part?				
Who (only) will watch?				
Will any permanent record (photographs, audiotapes, videotapes, etc.) be made of the session?	Yes		No	
Put X beside Yes or No				
Explanation				
Bottom's safety measures, e.g. calls to a friend				

<b>2. ROLES:</b>				
Who will be dominant?				
Who will be submissive?				
Type of scene:				
Any chance of switching roles?	Yes		No	
Explanation:				
Will the submissive promptly obey?	Yes		No	
Explanation:				
May the dominant "overpower" or "force" the submissive?	Yes		No	
Explanation:				
May the submissive verbally resist?	Yes		No	
Explanation:				
May the submissive physically resist?	Yes		No	
Explanation:				
Does resistance equal a "strong yellow"?	Yes		No	
Explanation:				
May the submissive try to "turn the tables:?"	Yes		No	
Explanation:				
Does the submissive agree to wear a collar?	Yes		No	
Explanation:				
The submissive agrees to address the dominant by the following title(s):				

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<b>3. PLACE:</b>	
Location:	
Who will ensure privacy?	

<b>4. TIME:</b>	
Begin at:	Length:
Beginning signal:	
Ending signal:	
Who will keep track of time?	

<b>5. OOPS:</b>					
Does everybody involved understand that there is some risk of accident, miscommunication, misperception, and/or unintentional injury?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 25%;">Yes</td> <td style="width: 25%;"></td> <td style="width: 25%;">No</td> <td style="width: 25%;"></td> </tr> </table>	Yes		No	
Yes		No			
Does everybody involved agree to discuss any mishaps in a constructive and non-blaming manner?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 25%;">Yes</td> <td style="width: 25%;"></td> <td style="width: 25%;">No</td> <td style="width: 25%;"></td> </tr> </table>	Yes		No	
Yes		No			

<b>6. LIMITS:</b>															
Submissive's limits: Any problems with the submissive's															
heart:	Yes	No		lungs:	Yes	No		kidneys:	Yes	No					
neck/back:	Yes	No		bones/joints:	Yes	No		liver:	Yes	No					
nervous system:	Yes	No		mental:	Yes	No									
Explanation:															
Is the submissive wearing contact lenses?								<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 25%;">Yes</td> <td style="width: 25%;"></td> <td style="width: 25%;">No</td> <td style="width: 25%;"></td> </tr> </table>				Yes		No	
Yes		No													
Does the submissive suffer from carpal tunnel syndrome or any related problems?								<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 25%;">Yes</td> <td style="width: 25%;"></td> <td style="width: 25%;">No</td> <td style="width: 25%;"></td> </tr> </table>				Yes		No	
Yes		No													
Does the submissive have a history of															
seizures:	Yes	No		dizzy spells:	Yes	No		blood pressure:	Yes	No					
diabetes:	Yes	No		fainting:	Yes	No		asthma:	Yes	No					
hyperventilation attacks				Yes	No										
Explanation:															
Describe any phobias:															
Submissive's other medical conditions:															

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Any surgical implants (breast, face, etc.)?	Yes		No	
Is the submissive taking aspirin?	Yes		No	
Is the submissive taking ibuprofen, Aleve, or other non-steroidal, anti-inflammatory drugs?	Yes		No	
Is the submissive taking antihistamines?	Yes		No	
Other medications the submissive is taking:				
Is the submissive allergic to				
bandage	Yes		No	
tape:				
Other allergies:				
In case of emergency notify:				

Dominant's limits: Any problems with the Dominant's														
heart:	Yes		No		lungs:	Yes		No		kidneys:	Yes		No	
neck/back:	Yes		No		bones/joints:	Yes		No		liver:	Yes		No	
nervous system:	Yes		No		mental:	Yes		No						
Explanation:														
Does the Dominant have a history of														
seizures:	Yes		No		dizzy	Yes		No		blood pressure:	Yes		No	
diabetes:	Yes		No		fainting:	Yes		No		asthma:	Yes		No	
hyperventilation attacks					Yes		No							
Explanation:														
Dominant's other medical conditions:														
Other medications the Dominant is taking:														
In case of emergency notify:														
Is the dominant currently certified in First Aid and CPR?										Yes		No		
Safety gear on hand														
paramedic	Yes		No		flashlight:	Yes		No		first aid kit:	Yes		No	
scissors:														
blackout	Yes		No		fire	Yes		No						
light:					extinguisher:									

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Will the play be in an isolated area such as a farmhouse?										Yes		No									
If yes, what will ensure the submissive's safety if the dominant becomes unconscious?																					
no bondage to chair/bed/etc.:				Yes		No		third person present:				Yes		No		telephone/radio/panic button within submissive's reach:		Yes		No	
no gag:		Yes		No		silent alarm:		Yes		No											

Other:

<b>7. SEX:</b>													
Does any participant believe they might have a sexually transmitted disease?										Yes		No	
Explanation:													
Does any participant believe they might have herpes? Note: herpes takes many forms and generally only the genital form is of concern.										Yes		No	
Explanation:													
Have participants been tested for HIV?										Yes		No	
Has any participant tested positive?										Yes		No	
Explanation:													

which of the following sexual acts are acceptable:													
Masturbation: dominant to submissive										Yes		No	
Masturbation: submissive to dominant										Yes		No	
self-masturbation by submissive										Yes		No	
self-masturbation by dominant										Yes		No	
Oral: dominant to submissive										Yes		No	
Oral: submissive to dominant										Yes		No	
Analingus: dominant to submissive										Yes		No	
Analingus: submissive to dominant										Yes		No	
Vaginal fisting: dominant to submissive										Yes		No	
Vaginal fisting: submissive to dominant										Yes		No	
Anal fisting: dominant to submissive										Yes		No	
Anal fisting: submissive to dominant										Yes		No	
Vaginal intercourse: dominant to submissive										Yes		No	
Vaginal intercourse: submissive to dominant										Yes		No	

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Anal intercourse: dominant to submissive	Yes		No	
Anal intercourse: submissive to dominant	Yes		No	
Is swallowing semen acceptable?	Yes		No	
Is any participant menstruating?	Yes		No	
Will sex toys such as vibrators, dildos, butt plugs, etc. be used?	Yes		No	
If yes, describe:				
Which of the above activities will involve birth control pills, diaphragms, spermicidal suppositories, lubricants containing nonoxynol-9, or contraceptive foams/suppositories/gels?				
Which of the above activities will involve condoms, gloves, dental dams, and/or other barriers?				

<b>8. INTOXICANTS:</b>
The dominant can use (only) the following intoxicants during the session:
Acceptable quantity:
The submissive can use (only) the following intoxicants during the session:
Acceptable quantity:
Explanation:

<b>9. BONDAGE:</b>				
The submissive agrees to allow (only) the following types of bondage...				
hands in front:	Yes		No	
hands behind back:	Yes		No	
ankles:	Yes		No	
knees:	Yes		No	
elbows:	Yes		No	
wrists to ankles (hog-tie):	Yes		No	
spreader bars:	Yes		No	
tied to chair:	Yes		No	
use of blindfold:	Yes		No	
use of gag:	Yes		No	
use of hood:	Yes		No	
use of rope:	Yes		No	
use of tape:	Yes		No	
use of leather cuffs:	Yes		No	

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use of handcuffs/metal restraints:	Yes		No	
suspension:	Yes		No	
mummification with plastic wrap, body bag, or similar technique:	Yes		No	
Any past bad experiences by either person with bondage, gags, blindfolds, and/or hoods?	Yes		No	
Explanation:				

<b>10. PAIN:</b>				
Submissive's general attitude toward receiving pain:		likes		
		accepts		
		neutral		
		dislikes		
		not accept		
Quantity of pain the submissive wants to receive:		none		
		small		
		average		
		large		
Explanation:				
Dominant's general attitude toward giving pain:		likes		
		will give		
		neutral		
		dislikes		
		will not give		
Quantity of pain the dominant wants to give:		none		
		small		
		average		
		large		
Explanation:				
Will the "now" technique be used?	Yes		No	
Explanation:				
Will the "one to ten" technique be used?	Yes		No	
Explanation:				
The following types of pain are acceptable...				
spanking	Yes		No	
paddling	Yes		No	
flogging	Yes		No	
caning	Yes		No	
face slaps	Yes		No	

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hair pulling	Yes		No	
biting	Yes		No	
nipple clamps	Yes		No	
genital clamps	Yes		No	
clamps elsewhere	Yes		No	
Locations:				
ice	Yes		No	
hot wax	Yes		No	
tickling	Yes		No	

Other types/methods of pain:

Additional remarks:

<b>11. MARKS:</b>				
Is it acceptable to the submissive if the play leaves marks?	Yes		No	
Visible while wearing street clothes?	Yes		No	
Visible while wearing a bathing suit?	Yes		No	
Is it acceptable to the submissive if the play draws small amounts of blood?	Yes		No	
Explanation:				
How easy or difficult has it been to mark the submissive in the past?				

<b>12. EROTIC HUMILIATION</b>				
The submissive agrees to accept being referred to by the following terms:				
The submissive agrees to the following forms of erotic humiliation				
"verbal abuse":	Yes		No	
enemas:	Yes		No	
forced exhibitionism:	Yes		No	

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spitting:	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	<input type="checkbox"/>
water sports:	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	<input type="checkbox"/>
scat games:	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	<input type="checkbox"/>
Other:						
Any prior really good or really bad experiences in these areas?	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	<input type="checkbox"/>
Explanation:						

<b>13. SAFEWORDS</b>
Safeword # 1 and its meaning:
Safeword # 2 and its meaning:
Safeword # 3 and its meaning:
Non-verbal safewords and their meaning:

<b>14. OPPORTUNITIES/SPECIAL SKILLS</b>
Anything either party would especially like to try or explore?

<b>15. AFTERCARE</b>
What aftercare does the bottom prefer?
What aftercare does the top prefer?



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<b>16. FOLLOW-UP</b>						
Who will initiate contacts?	After the session:					
	The next day:					
	A week later:					
	In the event of a crisis:					
Acceptable methods	Email	Yes		No		
	Text	Yes		No		
	Phone	Yes		No		
	In Person	Yes		No		
	Other:					

<p><b>17. ARE THERE ANY CONCERNS ABOUT CONFIDENTIALITY/SHARING OF EXPERINCES?</b></p> <p>By default, no pictures or recordings will be shared without the approval of all parties.</p>

<b>18. ANYTHING ELSE?</b>
What will become of this form after the session?

<b>POST-SESSION NOTES AND FEEDBACK</b>	
Dominant's overall feeling about the session on a scale of one-to-ten (ten tops)	
Best part of the session and on a scale of one-to-ten how good was it?	
Worst part of the session and on a scale of one-to-ten how bad was it?	
Other comments:	
Submissive's overall feeling about the session on a scale of one-to-ten (ten tops)	
Best part of the session and on a scale of one-to-ten how good was it?	
Worst part of the session and on a scale of one-to-ten how bad was it?	
Other comments:	

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## NEGOTIATION SHORT FORM

1. People
2. Roles
3. Place
4. Time
5. Oops
6. Limits
7. Sex
8. Intoxicants
9. Bondage
10. Pain
11. Marks
12. Humiliation
13. Safewords
14. Opportunities
15. Aftercare
16. Follow-Up
17. Confidentiality
18. Anything Else?

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- 1. People
  - 1. Who are participating?
- 2. Roles
  - 1. Who is Top? Bottom?
  - 2. What kind of scene? Will Bottom obey readily or resist?
- 3. Venue/safety – safety equipment, first aid, safety calls from bottom to friend, etc.
- 4. Time and Length
- 5. Oops
  - 1. Does everybody involved understand that there is some risk?
- 6. Medical limitations of both Bottom and Top
  - 1. Physical, mental, medication-related
- 7. Sex
  - 1. Oral, penetration, touch. Discuss this area very, very thoroughly and don't deviate!!!!
  - 2. What protection to be used?
- 8. Intoxicants
  - 1. How much and of what is allowed before and after?
- 9. Bondage
  - 1. What parts of the body?
  - 2. What kinds of bondage – rope, tape, gags, blindfolds, etc.?
- 10. Pain
  - 1. How much pain does the bottom want?
  - 2. Types of pain – spanking, flogging, caning, paddling, electrical, etc.?
- 11. Marks
  - 1. Are marks allowed – street clothes, bathing suits?
- 12. Humiliation
  - 1. Allowed verbal terms, e.g. whore, slut, bitch?
  - 2. Physical – hair pulling, face slapping, spitting?
- 13. Safewords
  - 1. For example, Green, Yellow, Red
- 14. Opportunities – anything special the bottom wants to try?
- 15. Follow-Up
  - 1. Aftercare for the bottom and for the top
  - 2. Communication after the scene – hours, days and by whom
  - 3. How will sub drop be handled?
- 16. Anything Else, e.g. confidentiality?

TOP \_\_\_\_\_ BOTTOM \_\_\_\_\_ Date \_\_\_\_\_