

Short Negotiation Form

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1. PEOPLE IN SCENE:

The sub agrees to address the dominant by the following title(s):

2. OOPS:

Does everybody involved understand that there is some risk of accident, miscommunication, misperception, and/or unintentional injury?	Yes		No	
Does everybody involved agree to discuss any mishaps in a constructive and non-blaming manner?	Yes		No	

3. LIMITS:

Submissive's limits: Any problems with the submissive's

heart:	Yes		No		lungs:	Yes		No		kidneys:	Yes		No	
neck/back:	Yes		No		bones/joints:	Yes		No		liver:	Yes		No	
nervous system:	Yes		No		mental:	Yes		No						

Explanation:

Is the submissive wearing contact lenses?

	Yes		No	
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Does the submissive have a history of

seizures:	Yes		No		dizzy spells:	Yes		No		blood pressure:	Yes		No	
diabetes:	Yes		No		fainting:	Yes		No		asthma:	Yes		No	
hyperventilation attacks					Yes		No							

Explanation:

Describe any phobias:

Submissive's other medical conditions:

Any surgical implants (breast, face, etc.)?

	Yes		No	
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Is the submissive taking aspirin?

	Yes		No	
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Is the submissive taking ibuprofen, Aleve, or other anti-inflammatory drugs?

	Yes		No	
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Is the submissive taking antihistamines?

	Yes		No	
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Other medications the submissive is taking:

Allergies:

In case of emergency notify:

4. SEX:

Does any participant believe they might have a sexually transmitted disease?

	Yes		No	
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Explanation:

Does any participant believe they might have herpes? Note: herpes takes many forms and generally only the genital form is of concern.

	Yes		No	
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Explanation:

Have participants been tested for HIV?

	Yes		No	
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Has any participant tested positive?

	Yes		No	
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Explanation:

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which of the following sexual acts are acceptable:				
Masturbation: dominant to submissive submissive	Yes		No	
Masturbation: submissive to dominant	Yes		No	
self-masturbation by submissive	Yes		No	
self-masturbation by dominant	Yes		No	
Oral: dominant to submissive	Yes		No	
Oral: submissive to dominant	Yes		No	
Analingus: dominant to submissive	Yes		No	
Analingus: submissive to dominant	Yes		No	
Vaginal fisting: dominant to submissive	Yes		No	
Vaginal fisting: submissive to dominant	Yes		No	
Anal fisting: dominant to submissive	Yes		No	
Anal fisting: submissive to dominant	Yes		No	
Vaginal intercourse: dominant to submissive	Yes		No	
Vaginal intercourse: submissive to dominant	Yes		No	
Anal intercourse: dominant to submissive	Yes		No	
Anal intercourse: submissive to dominant	Yes		No	
Is swallowing semen acceptable?	Yes		No	
Is any participant menstruating?	Yes		No	
Will sex toys such as vibrators, dildoes, butt plugs, etc. be used?	Yes		No	
What safe sex / birth control devices/methods will be used?				

5. BONDAGE:				
The submissive agrees to allow (only) the following types of bondage...				
hands in front:	Yes		No	
hands behind back:	Yes		No	
ankles:	Yes		No	
knees:	Yes		No	
elbows:	Yes		No	
wrists to ankles (hog-tie):	Yes		No	
spreader bars:	Yes		No	
tied to chair:	Yes		No	
use of blindfold:	Yes		No	
use of gag:	Yes		No	
use of hood:	Yes		No	
use of rope:	Yes		No	

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use of tape:	Yes		No	
use of leather cuffs:	Yes		No	
use of handcuffs/metal restraints:	Yes		No	
suspension:	Yes		No	
mummification with plastic wrap, body bag, or similar technique:	Yes		No	
Any past bad experiences by either person with bondage, gags, blindfolds, and/or hoods?	Yes		No	
Explanation:				

6. PAIN:				
Submissive's general attitude toward receiving pain:				
Quantity of pain the submissive wants to receive:				
Dominant's general attitude toward giving pain:				
Quantity of pain the Dominant wants to give:				
The following types of pain are acceptable...				
spanking	Yes		No	
paddling	Yes		No	
flogging	Yes		No	
caning	Yes		No	
face slaps	Yes		No	
biting	Yes		No	
nipple clamps	Yes		No	
genital clamps	Yes		No	
clamps elsewhere	Yes		No	
Locations:				
hot creams	Yes		No	
ice	Yes		No	
hot wax	Yes		No	
tickling	Yes		No	

Other types/methods of pain:

7. MARKS:				
Is it acceptable to the submissive if the play leaves marks?	Yes		No	
Visible while wearing street clothes?	Yes		No	
Visible while wearing a bathing suit?	Yes		No	
Is it acceptable to the submissive if the play draws small amounts of blood?	Yes		No	
How easy or difficult has it been to mark the submissive in the past?				

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8. EROTIC HUMILIATION				
The submissive agrees to accept being referred to by the following terms:				
The submissive agrees to the following forms of erotic humiliation				
"verbal abuse":	Yes		No	
enemas:	Yes		No	
forced exhibitionism:	Yes		No	
spitting:	Yes		No	
water sports:	Yes		No	
scat games:	Yes		No	
face slapping/hair pulling:	Yes		No	
Other:				
Any prior really good or really bad experiences in these areas?	Yes		No	
Explanation:				

9. SAFEWORDS AND MEANINGS

10. AFTERCARE
What aftercare does the bottom prefer?
What aftercare does the top prefer?

11. FOLLOW-UP					
Who will initiate contacts?	After the session:				
	The next day:				
	A week later:				
	In the event of a crisis:				
Acceptable methods	Email	Yes		No	
	Text	Yes		No	
	Phone	Yes		No	
	In Person	Yes		No	
	Other:				