

Kink Activity List for		Date	
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Notes

1. This version is intended for Tops & Switches with their Top hat on
2. ? Don't understand this item.
3. **No** under Willingness is a hard limit, subject to any notes
4. **Safewords**
 - a. Yellow – Keep going, but change spots or lesson intensity temporarily
 - b. Red – Stop scene immediately and untie/release
5. **Flogging** is defined as mild to moderate (& occasionally severe) with multi-tailed implements
6. **Whipping** is defined as severe usually with a single-tail or very wicked implement
7. Novices may change the Experience column heading to: **Blank = No**

	<u>Experience</u> Blank = Yes	<u>Willingness</u> Blank = Willing	<u>Training Desired</u> Blank = No	<u>Notes & Nuances</u>
Anal Sex-cock				
Anal Sex-dildo/butt plug				
Anal plug (public, under clothes)				
Animal play (sex with animals)				
Arm & leg sleeves (arm binders)				
Aromas				
Auctioned for charity				
Anilingus/rimming (oral/anal play)				
Beating (soft)				
Beating (hard)				
Blindfolds				
Biting				
Breast/chest bondage				
Blood play (rose canes, etc.)				
Boot worship				
Bondage (light)				
Bondage (heavy)				
Bondage (multi-day)				
Bondage (public, under clothing)				
Branding (cell popping method)				
Branding (violet wand)				

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Branding (heated metal method)				
Breast flogging				
Breath play (choking, hanging, bagging, etc.)				
Cages				
Caning				
Catheterisation				
Cattle prod (electrical toy)				
Cells/Closets				
Chains				
Chamber-pot use				
Chastity belts				
Chauffeur				
Clamps (clothespins, etc.)				
Cock worship				
Cock & Ball Torture (male bottoms)				
Collars (worn in private)				
Collars (worn in public)				
Competitions (between Subs)				
Corsets (wearing casually)				
Corsets (trained waist reduction)				
Cuffs (leather)				
Cuffs (metal)				
Cupping (Chinese medicine)				
Cutting (scalpel – temporary body modification)				
Dilation (usually of ass via dildos)				
Dildos				
Double penetration (vagina & ass)				
Enemas (for cleansing)				
Enemas (retention/punishment)				

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"Enforced" chastity				
Erotic dance (for audience or private)				
Exercise ("Forced"/required)				
Exhibitionism (friends)				
Exhibitionism (strangers)				
Eye contact restrictions				
Face slapping				
Fantasy abandonment				
Fear play (based on things that the bottom fears)				
Fisting (anal)				
Fisting (vaginal)				
Flame/Fire play				
Flogging – Breasts				
Flogging – Pussy				
Flogging – Other areas (shoulders, ass)				
Following orders – having bottoms/subs perform requests willingly				
Foot worship				
"Forced" dressing				
"Forced" eating				
"Forced" homosexuality				
"Forced" heterosexuality				
"Forced" lactation				
"Forced" masturbation				
"Forced" nudity (private)				
"Forced" nudity (around others)				
"Forced" servitude				
"Forced" smoking				
Full head hoods				

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Gags (cloth)				
Gags (inflatable)				
Gags (phallic)				
Gags (rubber)				
Gags (tape)				
Gas masks				
Genital sensation play				
Genital sex				
Genital torture (intense sensation)				
Given away to another Dom (temp)				
Given away to another Dom (perm)				
Golden showers (urine over body)				
Golden showers (drinking of urine)				
Gun play				
Hairbrush spankings				
Hair pulling				
Hand jobs (giving)				
Hand jobs (receiving)				
Harems (serving w/other subs)				
Harnessing (leather)				
Harnessing (rope)				
Having food chosen for bottom				
Having clothing chosen for bottom				
Head (give fellatio/cunnilingus)				
Head (rcv fellatio/cunnilingus)				
High heel wearing				
High heel worship				
Homage with tongue (non-sexual)				
Hoods				

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Hot oils (on genitals)				
Housework (doing)				
Humiliation (private)				
Humiliation (public)				
Hypnotism				
Ice cubes				
Immobilization				
Including others in scenes (assistants, observers, co-topping, multiple bottoms)				
Initiation rites				
Injections (saline in breasts)				
Injections (saline in labia)				
Injections (saline in ball sack - males)				
Intricate (Japanese) rope bondage				
Kneeling				
Knife play				
Latex – liquid brushed onto body				
Latex – body suits & hoods				
Leather clothing				
Leather restraints				
Lectures for misbehaviour				
Licking (non-sexual)				
Lingerie				
Manacles & Irons				
Manicures (receiving)				
Massage (giving)				
Massage (receiving)				
Mouth bits				
Mummification (e.g. duct tape, Saran/pallet wrapping)				

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Name change (for scene)				
Name change (legal, permanent)				
Nipple clamps				
Nipple play/"torture"				
Nipple weights				
Orgasm denial				
Orgasm control				
Outdoor scenes				
Outdoor sex				
Pain (severe)				
Pain (moderate)				
Pain (mild)				
Persona training (taking on a given personality for a scene, e.g. brat)				
Personality modification (Real Life)				
Phone sex (serving Dom)				
Phone sex (serving Dom's friends)				
Phone sex (commercial provider)				
Photography – to record a scene				
Photography – planned erotic photo shoots				
Piercing (temp. syringe needles)				
Piercing (temp. acupuncture needles)				
Piercing (permanent)				
Plastic surgery				
Prostitution (public pretence)				
Prostitution (actual)				
Pony play				
Public exposure				
Punishment Scene				
Pussy worship				

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Riding crops				
Riding the "horse" (crotch tort.)				
Rituals				
Restrictive rules on behaviour				
Rope body harness				
Rubber/latex clothing				
Scat (brown showers)				
Scarification				
Scratching - getting				
Scratching - giving				
Sensation play (hot, cold, rough, smooth, etc.)				
Sensory deprivation				
Serving				
Serving as art				
Serving as ashtray				
Serving as furniture				
Serving as a maid				
Serving as toilet (urine)				
Serving as toilet (feces)				
Serving as waitress/waiter/hostess				
Serving orally (sexual)				
Serving other doms (supervised)				
Serving other doms (unsupervised)				
Sexual deprivation (short term)				
Sexual deprivation (long term)				
Shaving (body hair)				
Shaving (head hair)				
Skinny-dipping				
Sleep deprivation				

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Sleep sacks				
Slutty clothing (private)				
Slutty clothing (public)				
Spandex clothing				
Spanking				
Speech restrictions (when, what)				
Speculums (Anal)				
Speculums (vaginal)				
Spitting				
Spreader bars				
Standing in corner				
Stocks				
Straight jackets				
Strap-on-dildos (sucking on)				
Strap-on-dildos (penetrated by)				
Strap-on-dildos (wearing)				
Strapping (full body beating)				
Suspension (upright)				
Suspension (inverted)				
Suspension (horizontal)				
Supplying new partners for Dom				
Suturing				
Swallowing feces				
Swallowing semen				
Swallowing urine				
Swapping (with one other couple)				
Swinging (multiple couples)				
Tampon Training (in ass)				
Tattooing				
Teasing				

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TENS Unit (electrical toy)				
Thumb cuffs (metal)				
Tickling				
Triple penetration				
Urethral Sounds (metal rods)				
Uniforms				
Vacuum bed				
Vaginal dildo				
Verbal humiliation				
Vibrator on genitals				
Violet Wand (electrical toy)				
Voyeurism (watching others)				
Voyeurism (your bottom w/others)				
Video (watching others)				
Video (recordings of bottom)				
Water torture				
Wax - Hot (e.g. candles)				
Wax – Paraffin for manicures/pedicures				
Waxing (hair removal, e.g. Brazilians)				
Wearing symbolic jewellery				
Weight gain (“Forced”)				
Weight loss (“Forced”)				
Whipping - Breasts				
Whipping - Pussy				
Whipping – Other areas (shoulders, ass)				
Wooden paddles				
Wrestling				

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Role Play

	<u>Experience</u> Blank = Yes	<u>Willingness</u> Blank = Willing	<u>Notes & Nuances</u>
Parent/Child (Age play)			
Parent/Infant (in diapers – infantilism)			
Owner/Pet (puppy, kitten, etc.)			
Pony play			
Teacher/Student			
Officer/Suspect			
Interrogator/Suspect			
Priest/Confessor			
Sergeant/Recruit			
Prison Guard/Prisoner			
Customer/Prostitute			
Doctor/Patient			
Kidnapper/Victim			
Rapist/Victim			
Pirate/Passenger			
Sultan/Harem girl			
Others you fantasize about			