



## *A Submissives Needs*

*I need to feel safe*

*I need to know You accept me for all I am*

*I need to have clearly defined limits*

*I need You to be consistant*

*I need to expand my limits*

*I need You to teach me*

*I need goals*

*I need to be corrected*

*I need You to be my role-model*

*I need Your approval and reassurance*

*I need to be able to express myself*

*I need to learn from my mistakes*

*I nee forgiveness when I fail You*

*I need to feel I contribute*

*I need to enjoy successes*

*I need to share with you*

*I need to feel loved, respected and  
protected in Your ownership*